



19815 S. LaGrange Rd.
 Mokena, Il. 60448
 708-478-5054

www.bodytechtotalfitness.com

Steve Tomczak
 Owner / Personal Trainer

MEMBERSHIP FEES:

	<i>SINGLE</i>	<i>COUPLE</i>	<i>FAMILY*</i>	
Enrollment Fee	\$99.00	\$129.00	\$159.00	
Monthly Dues	\$35.00	\$50.00	\$55.00	
	<i>SENIOR</i>	<i>SR. COUPLE</i>	<i>STUDENT*</i>	<i>FALCONS*</i>
Enrollment Fee	\$49.00	\$99.00	\$49.00	Waived
Monthly Dues	\$25.00	\$40.00	\$35.00	\$30.00

- *Must be 62 years of age or older to qualify for Senior rate
- *Family consists of 3 or more family members ages 13 to 21
- *Student rate applies to student enrolled in Jr. High, High School, or College up to age 21 (must show valid I.D.)
- *Corporate rates available
- *Falcons Fee applies to all Falcon Football players and cheerleaders, including current 8th graders

SINGLE WORKOUT OR AEROBIC CLASS \$8.00

CHILDCARE FEES:

\$3.00 for one child
 \$1.00 for each additional child
 Monthly passes: \$20 for one child
 \$25 for two or more

BUSINESS HOURS:

MON-THURS. 5:00 AM TO 10:00 PM
 FRI. 5:00 AM TO 9:00 PM
 SAT. 7:00 AM TO 6:00 PM
 SUN. 7:00 AM TO 5:00 PM

CHILDCARE HOURS:

MON-FRI. 8:00 AM TO 12:00 NOON
 4:00 PM TO 8:00 PM
 SAT. 8:00 AM TO 12:00 NOON
 SUN. NO BABYSITTING

Your membership includes:

Hammer Strength, Life Fitness Signature Series, Free Weights, Cardio Equipment including Life Fitness Treadmills, Cross Trainers, and bikes, Precor Cross Trainers, Stairmaster Stepmills, All Group Classes

Also Available:

Personal Training, Martial Arts, Physical Therapy, Body Composition Testing, Smoothies, Supplements